



# BE A FOOD HERO

Did you know you can help farm animals have a happy life by choosing the right kind of food?

If you buy pork, beef, eggs, chicken and turkey with the RSPCA Assured logo, you'll know the animals have been kept in places that follow our strict RSPCA rules, and that they've had a happy life too.



**STEP 1** Visit your local supermarket and turn your shopping trip into a treasure hunt by seeing how many animal-friendly items you can find. Keep an eye out for the RSPCA Assured logo!

**STEP 2** Are there any items that don't have the RSPCA Assured logo? Make a list of five items that don't have it below.

**STEP 3** When you get home, design some packaging for a new range of food items for people that care about animals.



## ★ Extra challenge!

Read about the 'Five Welfare Needs' (right) and think about how these help different farm animals in different ways.

## THE FIVE WELFARE NEEDS

The RSPCA believes that anyone who looks after farm animals should try to provide for the Five Welfare Needs:



Need for a suitable environment.



Need for a suitable diet.



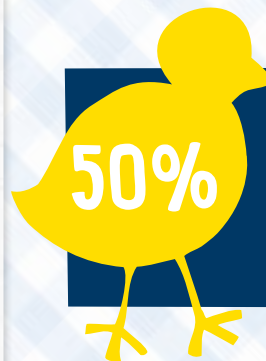
Need to exhibit normal behaviour patterns.



Need to be housed with, or apart, from other animals.



Need to be protected from pain, suffering, injury and disease



Did you know that 50% of the hens that lay our eggs still live in battery cages?

**GENERATION KIND**