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| Gull (Black-headed) | 200-400g |
| (Common) | 300-550g |
| (Herring) | m 750-1150g f 690-940g |
| (Great Black-backed) | 1033-2272g |
| (Lesser Black-backed) | 545-945g |
| Harrier (Hen) | m 300-470g f 375-660g |
| (Marsh) | m 320-670g f 540-1200g |
| (Montagu's) | m 220-305g f 320-445g |
| Heron (Grey) | 1020-2070g |
| Hobby | m 130-230g f 140-340g |
| House Martin | 15-23g |
| Jackdaw | 180-260g |
| Jay | 140-190g |
| Kestrel | m 120-210g f 190-280g |
| Kingfisher | 34-46g |
| Kittiwake | 305-525g |
| Lapwing | 140-320g |
| Magpie | 150-250g |
| Merlin | 135-280g |
| Moorhen | 240-450g |
| Nightingale | 15-25g |
| Nightjar | 60-100g |
| Nuthatch | 19-24g |
| Osprey | 1100-1900g |
| Owl (Barn) | 240-350g |
| (Little) | 140-220g |
| (Long-eared) | 180-340g |
| (Short-eared) | 250-475g |
| (Tawny) | m 340-500g f 420-620g |
| Oystercatcher | 430-675g |
| Partridge (Grey) | 340-450g |
| (Red-legged) | m 480-550g f 390-510g |
| Peregrine falcon | m 582-750g f 925-1300g |
| Pheasant | m 1000-1700g f 750-1200g |
| Pigeon (Feral) | 230-400g |
| (Racing) | 400-600g |
| (Wood) | 284-615g |
| Pipit (Meadow) | 14-24g |
| (Rock/Tree) | 18-28g |
| Plover (Golden/Grey) | 160-280g |
| (Little Ringed) | 32-48g |
| (Ringed) | 55-75g |
| Puffin | 320-480g |
| Quail | 75-135g |
| Raven | 1050-1500g |
| Razorbill | 370-650g |
| Redpoll | 9-12g |
| Redshank | 85-150g |
| Redstart/Black redstart | 10-22g |
| Redwing | 46-80g |
| Robin | 14-22g |
| Rook | 280-400g |
| Scoter (Common) | 650-1300g |